



# APPLICATION FORM

## CHRONIC MEDICATION RISK MANAGEMENT PROGRAMME

### Important to note:

- Please book time with your doctor so they may examine you and complete this form. The ideal person to do this is the general practitioner (GP) who regularly prescribes your medication. Please keep a copy of the completed form for your records.
- Members may obtain their approved chronic medication from the Fund's pharmacy network to avoid unnecessary co-payments. Visit the Fund's website at [www.wooltruhealthcarefund.co.za](http://www.wooltruhealthcarefund.co.za) and access the Healthcare providers tab to view the full pharmacy network list.
- The patient's signature on this form is essential to process this application. The main member/legal guardian may sign if the patient is under the age of 18.
- You will be informed in writing, should you be accepted onto the Chronic Medication Risk Management Programme. You will receive a chronic authorisation letter which will list the diagnosis you are registered for and the medication that will be paid from the chronic benefit subject to the limits of your benefit option.

### How to complete this form:

- Complete the form in black ink and print clearly, or complete the form digitally.
- All relevant sections must be physically signed and cannot be signed digitally. The patient must sign and date any changes.
- Complete and sign section 1.
- Take the application form to your doctor to complete from section 2 onwards, sign and attach any test results, clinical reports or other information that we need to review the request. Please refer to the **Chronic registration clinical criteria list** on page 6.
- Send the completed application form and all supporting documents by email to [chronic@wooltruhealthcarefund.co.za](mailto:chronic@wooltruhealthcarefund.co.za).

PLEASE USE BLOCK LETTERS FOR ALL SECTIONS

## 1. MEMBERSHIP AND PATIENT INFORMATION

### TO BE COMPLETED BY THE APPLICANT

#### MAIN MEMBER DETAILS

Membership number	<input type="text"/>	ID number	<input type="text"/>
Benefit option	<input type="checkbox"/> Network Option	<input type="checkbox"/> Saver Option	<input type="checkbox"/> Saver Choice Option <input type="checkbox"/> Comprehensive Option
Full name and surname	<input type="text"/>		
Title	<input type="text"/>	Initials	<input type="text"/>
Email address	<input type="text"/>		

#### PATIENT DETAILS

Full name and surname	<input type="text"/>		
Title	<input type="text"/>	Initials	<input type="text"/>
Dependant code	<input type="text"/>	ID number	<input type="text"/>
Email address	<input type="text"/>		
Contact numbers	<input type="text"/>	Home	Cell phone <input type="text"/>
	<input type="text"/>	Work	
Postal address	<input type="text"/>		
	<input type="text"/>	Postal code	<input type="text"/>
Membership number	<input type="text"/>	Doctor's practice number	<input type="text"/>

## 1. MEMBERSHIP AND PATIENT INFORMATION (CONTINUED)

### TO BE COMPLETED BY THE APPLICANT (CONTINUED)

#### Patient consent

I understand that Wooltru Healthcare Fund and Momentum Health, the Administrator, will maintain the confidentiality of my personal information and comply with the Protection of Personal Information Act 4 of 2013 (POPIA) and all existing data protection legislation, when collecting, processing and storing my personal information for the purposes of registration on the Chronic Medication Risk Management Programme.

#### I understand that:

- Funding from the chronic benefit is subject to meeting benefit entry criteria requirements as determined by the Fund.
- The chronic benefit provides cover for disease-modifying therapy only, which means that not all medication for a listed condition will automatically be covered by the chronic benefit.
- By registering for the chronic benefit, I agree that my condition may be subject to disease management interventions and periodic review and that this may include access to my medical records.
- Funding for medication from the chronic benefit will only be effective once the Fund receives an application form that is completed in full, including the additional information required per condition as per the Chronic registration clinical criteria table on page 6.
- Payment to the healthcare professional for the completion of this form, on submission of a claim, is subject to Fund rules and where the member is a valid and active member at the service date of the claim.
- I agree to my information being used to develop registries. This means that you give permission for us to collect and record information about your condition and treatment. This data will be analysed, evaluated and used to measure clinical outcomes and make informed funding decisions.
- To ensure that we pay your claims from the correct benefit, any claims from your healthcare providers must include the relevant ICD-10 diagnosis code(s). Please ask your doctor to also include the relevant ICD-10 diagnosis code(s) on the referral form for any pathology and/or radiology tests. This will enable the pathologists and radiologists to also include the relevant ICD-10 diagnosis code(s) on the claims they submit, thus further ensuring that we pay your claims from the correct benefit.

#### Consent for processing my personal information

1. I hereby acknowledge that Wooltru Healthcare Fund has appointed Momentum Health (Pty) Ltd as the administrator of the programme and that any prescribed medical treatment shall be the sole responsibility of my medical practitioner. I understand that the information provided on this form shall be treated as confidential and will not be used or disclosed except for the purpose for which it has been obtained.
2. I hereby give my consent to the Fund, Momentum Health and its employees to obtain my, or any of my dependants', special personal information (including general, personal, medical or clinical), whether it relates to the past or future (e.g. health and biometric) from my healthcare providers (e.g. pharmacist, pathologist, radiologist, treating doctor and/or specialist) to assess my medical risk, enrol me on the programme and to use such information to my benefit and to undertake managed care interventions related to my chronic condition(s).
3. I understand that this information will be used for the purposes of applying for and assessing my funding request for chronic benefits.
4. I give permission for my healthcare provider to provide the Fund and the administrator with my diagnosis and other relevant clinical information required to review and process my application.
5. I consent to the Fund and the administrator disclosing, from time to time, information supplied to them (including general, personal, medical or clinical) to my healthcare provider, to administer the chronic benefits.
6. Whilst Momentum Health undertakes to take all reasonable precautions to uphold the confidentiality of information disclosed to it, I am aware that the Fund and my healthcare provider (where necessary) shall also gain access to the same information. I shall therefore not hold Momentum Health and its employees or the Fund and its trustees, liable for any claims by me or my dependants arising from any unauthorised disclosure of my special personal information to other parties.
7. I understand and agree that special personal information relevant to my current state of health may be disclosed to third parties for the purpose of scientific, epidemiological and/or financial analysis without disclosure of my identity.

I hereby certify that the information provided in this application is true and correct.

Member/patient signature  
(or signature of parent/  
legal guardian if patient  
is under the age of 18)

Date

DD/MM/YYYY

Membership number

Doctor's practice number

## 2. MEDICAL PRACTITIONERS' INFORMATION

TO BE COMPLETED BY THE ATTENDING MEDICAL PRACTITIONERS

### DOCTOR'S DETAILS

Practice number	<input type="text"/>
Full name and surname	<input type="text"/>
Speciality	<input type="text"/>
Contact number	<input type="text"/>
Email address	<input type="text"/>

### ASSOCIATED SPECIALIST DETAILS

Practice number	<input type="text"/>
Full name and surname	<input type="text"/>
Speciality	<input type="text"/>
Contact number	<input type="text"/>
Email address	<input type="text"/>

## 3. CLINICAL EXAMINATION

TO BE COMPLETED BY THE ATTENDING MEDICAL PRACTITIONER

Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	Weight	<input type="text"/> kg	Height	<input type="text"/> cm
Smoker	<input type="checkbox"/> Never <input type="checkbox"/> Ex-smoker <input type="checkbox"/> <10 per day <input type="checkbox"/> >10 per day	Exercise	<input type="checkbox"/> Never <input type="checkbox"/> <1 hour per week <input type="checkbox"/> 1-3 hours per week <input type="checkbox"/> >3 hours per week		
Allergies	<input type="checkbox"/> Penicillin <input type="checkbox"/> Aspirin <input type="checkbox"/> Sulphonamides	Other <input type="text"/>			

Please indicate if the patient has a history of the following:

Ischaemic heart disease	<input type="checkbox"/>
Peripheral vascular disease	<input type="checkbox"/>
Transient ischaemic attack (TIA)/stroke	<input type="checkbox"/>

If the patient has diabetes, please provide the most recent HbA1c results and pre-treatment glucose results for first-time registration.

**Please note: Prescribed minimum benefit (PMB) rules, chronic disease lists and medication formularies applicable to your benefit option will apply.** As per the requirements of the Government Risk Equalisation Fund (REF), in order to register patients on the Chronic Medication Risk Management Programme, documentation from a relevant specialist and/or test results verifying the diagnosis, is required for, but is not limited to, the following:

- Chronic obstructive airways disease: Documentation of lung function tests (most recent)
- Chronic renal failure: Documentation of creatinine clearance or Glomerular Filtration Rate (GFR) estimate (most recent)
- Haemophilia: Factors VIII and IX blood levels
- Hyperlipidaemia: Pre-treatment lipogram
- Diabetes type 1 or 2 and/or second- or third-line drugs: HbA1c and motivation

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### 3. CLINICAL EXAMINATION (CONTINUED)

TO BE COMPLETED BY THE ATTENDING MEDICAL PRACTITIONER (CONTINUED)

#### MEDICATION PRESCRIBED

Please indicate below where you agree to a generic substitution and provide your preferred medication name. Chronic medication is subject to formularies and generic reference pricing.

ICD-10 code(s) and diagnosis	Medication name and date started DD/MM/YYYY	Strength (e.g. 50mg)	Directions (e.g. 2tds)	Special motivation/ investigations	Specialist's details (Practice number and name)	Treatment on previous medical scheme(s) for diagnosis* Yes/No?

\* If you answer 'yes', please indicate the medical scheme name and supply proof of previous chronic registration.

#### MEDICATION STOPPED

ICD-10 code(s)	Detailed diagnosis	Medication name (trade name or generic equivalent)	Strength (e.g. 50mg)	Directions (e.g. 2tds)	Date medication stopped DD/MM/YYYY

#### PATIENTS WITH HYPERLIPIDAEMIA

##### Motivation for a lipid-modifying agent for the treatment of hyperlipidaemia

In line with the requirements of the Government Risk Equalisation Fund (REF), the application can only be assessed on receipt of the completed form and copies of the relevant lipograms.

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### 3. CLINICAL EXAMINATION (CONTINUED)

#### TO BE COMPLETED BY THE ATTENDING MEDICAL PRACTITIONER (CONTINUED)

#### PATIENTS WITH HYPERLIPIDAEMIA (CONTINUED)

The reimbursement of lipid-modifying therapy for primary prevention is reserved for patients with a greater than 20% risk of an acute clinical coronary event in the next 10 years. This funding decision is in accordance with local and international guidelines for the management of hyperlipidaemia.

Registered starting doses of lipid-modifying drugs and incremental dosage increases will be considered. Higher dosages will be considered on motivation. Kindly consider a less costly alternative, e.g. generic atorvastatin.

#### Requested drug and dose

Funding of ezetimibe is limited to those very high-risk patients not reaching an LDLC of  $\leq 3.0$ mmol/l despite at least two months' compliance with maximum dose standard therapy e.g. rosuvastatin titrated to 40mg daily.

Requests for the funding of ezetimibe must be accompanied by a motivation.

**Risk factors** (please indicate by ticking the appropriate box):

	✓	Details
Smoking history		
Diabetes type 1 with microalbuminuria or proteinuria (please supply supporting laboratory report)		
Ischaemic heart disease (e.g. angina, myocardial infarction [MI])		
Solid organ transplant (please supply relevant clinical information)		
Peripheral vascular disease (e.g. aortic aneurism)		
Stroke/transient ischaemic attacks (TIA)		
Chronic renal disease (please supply supporting laboratory report reflecting creatinine clearance)		
Renal artery stenosis		

**History of fasting lipogram laboratory results** (please indicate if the following results are pre-treatment or on treatment):

	Diagnosing lipogram (attach copy)	Lipogram on treatment (attach copy)
Date (DD/MM/YYYY)		
Lipid-modifying drug and dosage (please indicate mg/day in each column)		
Total cholesterol		
S-HDL		
S-LDL		
Total triglyceride		
TSH (where LDLC $\geq 4$ mmol/l)		

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### 3. CLINICAL EXAMINATION (CONTINUED)

TO BE COMPLETED BY THE ATTENDING MEDICAL PRACTITIONER (CONTINUED)

#### PATIENTS WITH HYPERLIPIDAEMIA (CONTINUED)

##### Familial hyperlipidaemia (FH)

Diagnosed by an endocrinologist?

Diagnosing doctor's full name and surname

Practice number

Signs of FH  
(e.g. tendon xanthomata)

Family history of premature atherosclerotic event in first-degree relative?

Relative (e.g. father/sister)

Description (e.g. MI/stroke)

Age at time of event/death

Any other relevant clinical information about this patient that supports the diagnosis of hyperlipidaemia:

### 4. CHRONIC REGISTRATION CLINICAL CRITERIA

Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL)	Benefit entry criteria requirements
Addison's disease	Diagnosis by a specialist physician, paediatrician, endocrinologist or by a State doctor
Asthma (adult)	Diagnosis confirmed by a GP or specialist
Asthma (child <7 years)	Diagnosis made or confirmed by specialist paediatrician
Bipolar mood disorder	A psychiatrist prescription. Benzodiazepines excluded on chronic benefit
Bronchiectasis	Prescription required from a pulmonologist or physician, or a paediatrician (in the case of a child)
Cardiac failure	Diagnosis confirmed by a specialist physician
Cardiac dysrhythmia	Diagnosis confirmed by a specialist physician
Cardiomyopathy	Diagnosis confirmed by a specialist physician
Chronic obstructive pulmonary disease (COPD)	Diagnosis confirmed by a GP or specialist. Lung function test (LFT) report is required, which includes the FEV1/FVC and FEV1 post-bronchodilator use
Chronic renal disease	Diagnosis confirmed by a nephrologist or specialist physician. Copy of lab results required: serum creatinine clearance value or a glomerular filtration rate estimate of eGFR $\leq 60$ ml/min/1.73m <sup>2</sup>
Coronary artery disease	Diagnosis confirmed by a specialist physician or cardiologist
Crohn's disease	Diagnosis by a specialist physician, paediatrician, surgeon, gastroenterologist or by a provider employed by a State hospital. Endoscopy report with histology results (colonic disease). Small bowel disease: imaging studies. Lab results: FBC; ESR and CRP; stool culture
Diabetes insipidus	Diagnosis by a specialist physician, paediatrician, neurologist, neurosurgeon or endocrinologist with the relevant ICD-10 code(s)
Diabetes mellitus type 1	Specialist initiation and confirmatory lab results: <ul style="list-style-type: none"> <li>• HbA1c &gt;6.5%</li> <li>• x2 random glucose &gt;11mmol/l</li> <li>• x2 fasting blood &gt;7mmol/l</li> <li>• x1 blood glucose &gt;15mmol/l</li> <li>• GTT (fasting glucose &gt;7mmol/l and/or two hours post-prandial glucose load &gt;11.1mmol/l)</li> </ul>
Diabetes mellitus type 2	Diagnosis confirmed by a GP or specialist physician and confirmatory lab results as above
Epilepsy	New diagnosis confirmed by a specialist physician, neurologist, paediatrician or neurosurgeon
Glaucoma	Diagnosis confirmed by an ophthalmologist

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## 4. CHRONIC REGISTRATION CLINICAL CRITERIA (CONTINUED)

Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL)	Benefit entry criteria requirements
Haemophilia	Diagnosis confirmed by a specialist physician. Copy of lab results of factor VIII or factor IX levels <5%
Hyperlipidaemia	Diagnosis confirmed by a GP or specialist physician. Copy of lipogram results and documentation related to the risk assessment (Framingham Risk Score). Details of patient history: established vascular disease and details of any procedure performed e.g. angioplasty, stent etc. Details of family history from prescribing doctor (to include details of cardiovascular events in member's first-degree relatives, including age of onset)
Hypertension	Diagnosis by a GP or specialist physician
Hypothyroidism	Diagnosis confirmed by a GP or specialist with relevant pathology
Multiple sclerosis	Prescription required from a neurologist or specialist physician with supporting scans for initial applications. Attach a report from a neurologist for applications for biologicals indicating relapsing/remitting history and extended disability status score (EDSS)
Parkinson's disease	Diagnosis confirmed by a neurologist with relevant ICD-10 code(s)
Rheumatoid arthritis	Diagnosis confirmed by GP and a tick sheet to be completed, or diagnosis confirmed by a specialist physician, paediatrician or rheumatologist. We also require the following clinical information: Serum rheumatoid factor (RF), anti-CCP, ESR or C-reactive protein (CRP) and relevant X-rays
Schizophrenia	Diagnosis confirmed by a psychiatrist or paediatric psychiatrist
Systemic lupus erythematosus	Diagnosis by a specialist physician, paediatrician or rheumatologist
Ulcerative colitis	Diagnosis by a specialist physician, surgeon or gastroenterologist. Colonoscopy report with histology results. Lab results: FBC, ESR and CRP; stool culture

### Comprehensive Option only

Additional chronic conditions	Further information/tests required
Acne	Prescription from a dermatologist. Authorised for maximum six months at a time. Soaps and cleansers will not be allocated from the chronic benefit
Allergic rhinitis	Either nasal corticosteroids (preferred) or oral antihistamine
Allergic conjunctivitis	ENT or ophthalmologist prescription
Alzheimer's disease	Psychiatrist/neurologist prescription and MMSE
Anaemia	Prescription with full blood count and iron studies not older than one month
Ankylosing spondylitis	Prescription required from a rheumatologist or physician
Anorexia	Psychiatrist prescription/motivation
Anxiety disorder	Initiation by a GP or psychiatrist. Psychiatrist prescription for second-line treatment. Limited to 12 months approval
Aplastic anaemia	Specialist or GP prescription, full blood count and iron studies not older than one month
Attention deficit hyperactivity disorder (ADHD)	Diagnosis confirmed by a paediatrician, psychiatrist or neurologist or a prescription from a GP together with a report from a psychologist
Benign prostatic hypertrophy	Urologist prescription. GP prescription with PSA results
Cardiac arrhythmia	Cardiologist/physician's prescription
Cerebral palsy	Prescription required from a neurosurgeon, neurologist, paediatric neurologist or paediatrician. Attach supporting clinical diagnostic report
Chronic leg ulcers	Specialist prescription
Collagen disease	Specialist prescription/motivation
Cushing's disease	Specialist prescription
Cystic fibrosis	Specialist prescription
Depression	Initiation by a GP or psychiatrist. Psychiatrist prescription for second-line treatment. Limited to 12 months' approval
Dermatitis	A dermatologist prescription required for immunosuppressants. Benefits allocated for six months at a time
Dermatomyositis	Specialist prescription
Diverticulitis	Gastroenterologist prescription and investigation results
Dystonias	Neurologist prescription
Eczema (allergic dermatitis)	A dermatologist prescription required for immunosuppressants. Benefits allocated for six months at a time
Endometriosis	Gynaecologist prescription. Diagnosis confirmed by laparoscopy report (histology)
Enuresis	Urologist prescription and motivation
Gastro-oesophageal reflux disease	Gastroscopy results required
Gout	Diagnosis confirmed by a GP or specialist
Glomerular disease	Nephrologist prescription/motivation and relevant pathology

Membership number

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## 4. CHRONIC REGISTRATION CLINICAL CRITERIA (CONTINUED)

**Comprehensive Option only** (continued)

Additional chronic conditions	Further information/tests required
Huntington's disease	Neurologist motivation with relevant investigation results
Hyperthyroidism	GP or specialist prescription with relevant pathology
Hyperaldosteronism	Specialist motivation with relevant pathology
Hypoparathyroidism	Specialist prescription with relevant pathology
Intestinal malabsorption syndrome	Gastroenterologist prescription and investigation results
Ischaemic heart disease (angina)	Cardiologist/physician prescription or proof of ischaemic heart disease
Macular degeneration	Ophthalmologist prescription and diagnostic OCT results
Major depression	Psychiatrist prescription. Benefits allocated for 12 months at a time. Benzodiazepines and sleeping tablets excluded on the chronic benefit
Ménière's disease (vertigo)	GP or specialist prescription with motivation
Menopause	Hormone profile for patients <50 years unless prescribed by a gynaecologist or hysterectomy done
Migraine prophylaxis	GP or specialist prescription
Motor neuron disease	Specialist prescription
Muscular dystrophy	Specialist prescription
Myasthenia gravis	Specialist prescription
Narcolepsy	Specialist prescription
Neuropathy	GP or specialist prescription
Obsessive compulsive disorder	Psychiatrist prescription
Onychomycoses	GP or specialist prescription
Organ transplant	Specialist prescription/motivation
Osteo-arthritis	GP or specialist prescription
Osteoporosis	DEXA scan results required indicating osteoporosis and fracture history if applicable
Paget's disease	DEXA scan results required, fracture and medication history if applicable
Pancarditis	Cardiologist prescription
Panic disorder	Psychiatrist prescription. Benefits allocated for 12 months at a time. Benzodiazepines and sleeping tablets excluded on the chronic benefit
Paraplegia	Letter of motivation detailing clinical history from prescriber
Pemphigus	Dermatologist prescription
Peripheral vascular disease	GP or specialist prescription
Pituitary adenomas	Specialist prescription and relevant pathology
Pituitary disease	Specialist prescription and relevant pathology
Polyarteritis nodosa	Specialist prescription
Polycystic ovarian disease	Gynaecologist motivation with scans/relevant pathology
Post-traumatic stress syndrome	Psychiatrist prescription
Psoriasis	GP or dermatologist initiation. A dermatologist prescription will be required for immunosuppressants
Psoriatic arthritis	Specialist prescription
Pulmonary hypertension	Cardiologist/physician prescription and diagnostic test results
Pulmonary interstitial fibrosis	Pulmonologist prescription and relevant diagnostic test results
Quadriplegia	Letter of motivation detailing clinical history from prescriber
Rosacea	Dermatologist prescription
Sarcoidosis	Specialist motivation
Scleroderma	Specialist prescription
Sjogren's disease	Specialist motivation and relevant pathology confirming the diagnosis
Stroke (CVA/TIA)	Specialist prescription
Systemic sclerosis	Specialist prescription
Tic disorder	Psychiatrist/specialist prescription
Thromboangiitis obliterans	Specialist prescription
Thrombocytopaenic purpura	Specialist prescription
Thromboembolic disorder	GP or specialist prescription
Tourette's syndrome	Psychiatrist motivation
Trigeminal neuralgia	Specialist prescription

Membership number

Doctor's practice number

## 4. CHRONIC REGISTRATION CLINICAL CRITERIA (CONTINUED)

### Comprehensive Option only (continued)

Additional chronic conditions	Further information/tests required
Tuberculosis	GP or specialist prescription and diagnostic test results
Urinary incontinence	GP or specialist prescription
Urinary tract infections (chronic)	GP or specialist prescription
Valvular heart disease	Specialist prescription

### Saver Option and Saver Choice Option only

Additional chronic conditions	Further information/tests required
Allergic rhinitis	Either nasal corticosteroids (preferred) or oral antihistamine
Attention deficit hyperactivity disorder (ADHD)	Diagnosis confirmed by a paediatrician, psychiatrist or neurologist or a prescription from a GP, accompanied by a report from a psychologist
Benign prostatic hypertrophy	Urologist prescription. GP prescription with PSA results
Cardiac arrhythmia	Cardiologist/physician prescription
Depression/major depression	Initiation by a GP or psychiatrist. Psychiatrist prescription for second-line treatment. Limited to 12 months' approval
Menopause	Hormone profile for patients <50 years unless prescribed by a gynaecologist or hysterectomy done
Osteoporosis	DEXA scan results required indicating osteoporosis and fracture history, if applicable
Stroke (CVA/TIA)	Specialist prescription
Thromboembolic disorder	GP or specialist prescription

### Network Option only

Additional chronic conditions	Further information/tests required
Benign prostatic hypertrophy	Urologist prescription. GP prescription with PSA results
Cardiac arrhythmia	Cardiologist/physician prescription
Menopause	Hormone profile for patients <50 years unless prescribed by a gynaecologist or hysterectomy done
Stroke (CVA/TIA)	Specialist prescription
Thromboembolic disorder	GP or specialist prescription

### Acknowledgement by attending doctor

Having conducted a personal examination and/or procured the tests and/or other diagnostic investigations referred to, I, the undersigned, hereby certify that the particulars are true and correct to the best of my knowledge and belief. I acknowledge that Momentum Health will rely on such particulars when making any recommendations to Wooltru Healthcare Fund regarding the payment of ongoing/chronic medication.

Attending doctor's signature	<input type="text"/>	Date	<input type="text" value="DD/MM/YYYY"/>
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Membership number

Doctor's practice number

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## CHRONIC MEDICATION RISK MANAGEMENT PROGRAMME