

# Medicine Risk Management Programme

Living with a chronic condition requires consistent care and the correct medication. This guide explains how to register for chronic medication, which benefits are covered, and how to ensure that you get the best possible care for managing your chronic conditions.

Wooltru Healthcare Fund has contracted with Momentum Health (Pty) Limited to offer the Medicine Risk Management (MRM) Programme. This service is designed to help our valued members access high-quality, affordable treatment for their chronic conditions.

## How does the programme work?

Your application for chronic medication will be assessed against these criteria to ensure that you receive the best possible, affordable care:

- Clinical guidelines and Fund rules
- The Fund's formulary (list of medications covered) and conditions covered
- Reference pricing, which determines the maximum cost the Fund will cover.

Approved medications are covered from your chronic benefit. A treatment plan, which gives you certain consultations and tests for your CDL \* PMB\*\* conditions, will be available on your chronic profile and is available on request.

- \* *The chronic disease list (CDL) is a specified list of 26 chronic conditions that all medical schemes are legally required to cover the cost for their diagnosis, treatment, medical management (consultations and procedures) and medication.*
- \*\* *Prescribed minimum benefits (PMBs) are a set of defined benefits to ensure that all medical scheme members have access to certain minimum healthcare services, irrespective of their benefit option.*

## Which conditions are covered?

The programme covers PMB conditions which include the 26 CDL conditions listed below. Although a condition may be defined as 'chronic', it may not necessarily qualify for cover from the chronic benefit. The list of chronic conditions covered will depend on your benefit option. You may check this on the Fund's [formulary lookup](#).

### 26 chronic disease list (CDL) PMB conditions

- |   |                                      |  |
|---|--------------------------------------|--|
| • Addison's disease                             | • Crohn's disease                    | • Hypothyroidism (underactive thyroid gland) |
| • Asthma  | • Diabetes insipidus                 | • Multiple sclerosis (MS)                    |
| • Bipolar mood disorder                         | • Diabetes mellitus type 1 and 2     | • Parkinson's disease                        |
| • Bronchiectasis                                | • Dysrhythmia                        | • Rheumatoid arthritis                       |
| • Cardiomyopathy                                | • Epilepsy                           | • Schizophrenia                              |
| • Chronic obstructive pulmonary disorder (COPD) | • Glaucoma                           | • Systemic lupus erythematosus               |
| • Chronic renal (kidney) disease                | • Haemophilia                        | • Ulcerative colitis                         |
| • Congestive cardiac (heart) failure            | • HIV                                |  |
| • Coronary artery (heart) disease               | • Hyperlipidaemia (high cholesterol) |  |
|   | • Hypertension (high blood pressure) |  |



If you think you are at risk of having HIV or have already been diagnosed, please contact the YourLife Programme on **0860 109 793** or by email at [hiv@momentum.co.za](mailto:hiv@momentum.co.za). All correspondence is confidential.

## Application for chronic medication

To have your chronic medication covered, you must register the condition and obtain authorisation through one of these methods below.

### Telephonic registration by your treating doctor or pharmacist

Your doctor or pharmacist may call **0861 888 346** to register your chronic medication. They must provide your diagnosis (ICD-10 codes), test results and prescribed medication.

### Electronic registration

Download the MRM form from the Fund's website at [www.wooltruhealthcarefund.co.za](http://www.wooltruhealthcarefund.co.za). Submit the completed application form with supporting information, i.e. diagnosis (ICD-10 codes), test results and prescribed medication by email to [chronic@wooltruhealthcarefund.co.za](mailto:chronic@wooltruhealthcarefund.co.za).

You may also do the application using the **webchat feature** on the Fund's website at [www.wooltruhealthcarefund.co.za](http://www.wooltruhealthcarefund.co.za).

Our Medicine Risk Management team will process your application once received and your authorisation letter will be sent to you by email. Once your application is approved, you may take your prescription to the pharmacy to collect your medication. If your application is declined or more information is needed, your doctor will be notified. Remember that prescriptions must be renewed every six months.

### Next steps

- We will notify you two months before your authorisation expires.
- To renew your authorisation, simply follow the same application process as above.
- Please send your new application at least six weeks before expiry to avoid a break in cover.
- If there are any changes to your approved medication, or you are diagnosed with any new conditions, you may also follow the same application process as above to ensure that the new medication is reviewed for funding from the chronic benefit.

## Medication and pricing

### What is a formulary?

A formulary is the approved list of medication covered by the Fund. Your doctor should prescribe medication from this list to avoid co-payments. For more information, view the Fund's [formulary lookup](#).

### What is the Mediscor Reference Price (MRP)?

The MRP is the maximum amount the Fund pays for chronic medication. If your chosen medication costs more than the MRP, you will have to pay the difference.

### Unauthorised or rejected medication

To be covered by the chronic benefit, your condition and medication must meet the necessary clinical criteria. If your application is declined, we will provide an explanation. If more tests or specialist reports are needed, you may ask your doctor for these, or they may submit it directly to us. Your doctor may also submit a detailed motivation to our clinical review team for reconsideration. We will then re-assess your application and get back to you.



## Protection of Personal Information

Wooltru Healthcare Fund and Momentum Health (Pty) Limited, the administrator, will maintain the confidentiality of your personal information and comply with the Protection of Personal Information Act 4 of 2013 (POPIA) and all existing data protection legislation, when collecting, processing and storing your personal information for the purposes of registration on the Medicine Risk Management Programme.

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## Medicine Risk Management Programme

Telephone **0802 228 922 (members)**  
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