



Optometrist Network List effective 1 January 2026

PLEASE NOTE:

This information is correct at the time of publication but may be subject to change throughout the year. Please contact the Fund's call centre or the healthcare provider directly to confirm whether they are on the Network.

FREE STATE				
Practice number	Practice name	Physical address	City or Town	Telephone number
1085034	SERALENG	37A GREY ST, ALIWAL NORTH	ALIWAL NORTH	-
1186582	ADENDORFF	SPEC-SAVERS - ALIWAL NORTH, 38A SOMERSET STREET, ALIWAL NORTH	ALIWAL NORTH	-
137529	DE WET	38A SOMERSET STREET, ALIWAL NORTH	ALIWAL NORTH	051 6332259
7016778	HORN	SHOP 29 DIHLABENG MALL, PREEKSTOEL ROAD, BETHLEHEM	BETHLEHEM	058 3034591
7029268	SENEKAL	SHOP 9C DIHLABENG MALL, 3371 PREEKSTOEL ROAD, BETHLEHEM	BETHLEHEM	058 3030200
7101341	LE ROUX	BETHLEHEM MEDICAL CENTRE, 4 DE LEEUW STREET, BETHLEHEM	BETHLEHEM	058 3037733
768391	RAKOLOLO	SHOP 5, SHOPRITE CENTRE MULLER STREET	BETHLEHEM	-
797421	POPELA	3929 GIYANI STREET	BETHLEHEM	-
961450	REINECKE DE JAGER OPTOMETRIST	10 BAARTMAN STREET, BETHLEHEM	BETHLEHEM	058 3031101
1261649	CR DE JONGH AND C DE JONGH OPTOMETRIST	28A MULLER STREET, BETHLEHEM	BETHLEHEM	-
1270745	NAUDE	SHOP 6 METROPOLITAN MALL, 9 MULLER STREET, BETHLEHEM	BETHLEHEM	-
1283677	LOUBSER	SHOP 29, DIHLABEN MALL, PREEKSTOEK ROAD	BETHLEHEM	-
146080	REINECKE	10 BAARTMAN STREET, BETHLEHEM	BETHLEHEM	058 3031101
159964	MOTHAPO	SHOP 3 ROBOW BUILDING, MALAN STREET, BETHLEHEM	BETHLEHEM	058 3033924
166286	SENEKAL	SHOP 9C DIHLABENG MALL, 3371 PREEKSTOEL ROAD, BETHLEHEM	BETHLEHEM	058 3030200
416363	ASMAL	24 HIGH STREET, BETHLEHEM	BETHLEHEM	058 3031160
590541	BEKKER	ROOM F6 BETHLEHEM MEDICAL, CENTRE 4 DE LEEUW STREET, BETHLEHEM	BETHLEHEM	058 3039474

FREE STATE (CONTINUED)

Practice number	Practice name	Physical address	City or Town	Telephone number
7010192	SMITH	SHOP 17B COLLEGE SQUARE, 193 NELSON MANDELA DRIVE, PARK WEST	BLOEMFONTEIN	051 4488149
7011377	UYS	141 BLOEM PLAZA, 38 CHARLOTTE MAXEKE STREET	BLOEMFONTEIN	051 4306115
7014481	STEYNS OPTOMETRISTS	SHOP 7 TOURISM CENTRE, PARK ROAD, WILLOWS	BLOEMFONTEIN	051 4300836
7017847	CILLIERS	SHOP 9 BLOEM PLAZA, 134 CHARLOTTE MAXEKE STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4301250
7018444	LETHOLA	6 CNR HARVEY ROAD & CHARLES, STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4499044
7018460	LESHABANE	BOPHELO MEDICAL CENTRE, HARVEY STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4485570
7020619	SPEC-SAVERS MIMOSA INCORPORATED	SHOP L1 D MIMOSA MALL, 131 KELLNER STREET, BRANDWAG	BLOEMFONTEIN	051 4442995
7021917	TRICHARD	4 MILNER ROAD, CURIE AVENUE, WAVERLEY	BLOEMFONTEIN	051 4481921
7023650	RAJAH	97 ZASTRON STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4481080
7027672	HORN	SHOP 19-20 PRELLER SQUARE, LOUW WEPENER STREET, DAN PIENAAR	BLOEMFONTEIN	051 4366795
7032412	EYEWORLD OPTICAL INCORPORATED	HARVEY ROAD MEDICAL CENTRE, HARVEY ROAD	BLOEMFONTEIN	051 4487544
637246	FINDT	SHOP F1-38 B LOCHLOGAN, WATERFRONT 105-107 HENRY STREET, WESTDENE	BLOEMFONTEIN	051 4446052
683671	SMITH	SHOP 16A NORTHRIDGE MALL, KENNETH KAUNDA ROAD, BLOEMFONTEIN	BLOEMFONTEIN	051 4333377
691550	SMITH	SHOP 13 PICK N PAY CENTRE, JAN SPIES AVE	BLOEMFONTEIN	051 4460015
737054	MAMABOLO	15 PEET AVENUE	BLOEMFONTEIN	-
745251	VAN ROOYEN	SHOP 41 SOUTHERN CENTRE, FICHARDT PARK BENADE DRIVE, BLOEMFONTEIN	BLOEMFONTEIN	051 5221677
748005	HORN	SHOP 9 NORTHRIDGE MALL KENNETH, KHAUNDA ROAD & CHRISTO, GROENEWALD STREET	BLOEMFONTEIN	051 4107200
753246	SETHOLE SEREECO OPTOMETRISTS INCORPORATED	SHOP 1 ROOTS - SHOPRITE COMPLEX, BLOEMFONTEIN	BLOEMFONTEIN	051 9241216
753823	BOSHOFF	15 BRILL STREET, WESTDENE	BLOEMFONTEIN	051 1010762
778281	PIETERSE	SHOP 10C PRELLER SQUARE, SHOPPING CENTRE PRELLER SQUARE, DAN PIENAAR	BLOEMFONTEIN	051 4362291
824151	HORN	110 ZASTRON STREET	BLOEMFONTEIN	051 4107200
826162	MPHAHLELE	11 BEVERLY HILLS, 13 CROMWELL STREET, NAVAL VIEW	BLOEMFONTEIN	-
878375	VAN VUUREN	SHOP 7 ARCADE CHAMBERS CNR WEST, BURGER AND ELIZABETH STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 0113950
906468	VAN VUUREN	OPTIQUE OPTOMETRIST, 1 KOPPIE ROAD, LANGENHOVENPARK	BLOEMFONTEIN	051 4925659
907472	MAMABOLO	21 CNR HARVEY ROAD & ST GEORGE, STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4300892
929395	NEL	SHOP 9A TORELLER CENTRE, GRAAF REINET STREET, DAN PIENAAR	BLOEMFONTEIN	051 5259071
947458	BURGERT ERASMUS OPTOMETRISTS INCORPORATED	SHOP 07 2ND FLOOR LOCH LOGAN, WATERFRONT HENRY STREET, WILLOWS	BLOEMFONTEIN	051 0230142

FREE STATE (CONTINUED)

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1055607	SCHOEMAN	SHOP1 FICHARDTPARK CENTRE, LE CLUS ROAD & BENADE DRIVE, BLOEMFONTEIN	BLOEMFONTEIN	-
1137271	VAN WYK	SHOP 2 TWIN CITY MALL, HEATHERDALE ROAD, HEIDEDAL	BLOEMFONTEIN	-
1151487	KRUGER	SHOP1 FICHARDTPARK CENTRE, LE CLUS ROAD & BENADE DRIVE, BLOEMFONTEIN	BLOEMFONTEIN	051 2850610
1185705	SMITH MAARSINGH AND MARE OPTOMETRISTS	SHOP 17B COLLEGE SQUARE, 193 NELSON MANDELA DRIVE, WESTDENE	BLOEMFONTEIN	051 4488149
1205412	BODENSTEIN	SHOP 10C PRELLER SQUARE, SHOPPING CENTRE PRELLER SQUARE, DAN PIENAAR	BLOEMFONTEIN	-
1224786	GERBER	SHOP 31 PRETTY GARDEN LIFESTYLE, CENTRE 6 DU PLESSIS AVENUE, LANGENHOVENPARK	BLOEMFONTEIN	061 5060372
1260065	POTGIETER	10 GENERAL DAN PIENAAR DRIVE	BLOEMFONTEIN	-
1278878	XIMBA	65 NELSON MANDELA DRIVE	BLOEMFONTEIN	-
7001282	MELLIN	SHOP U07 MIMOSA MALL, 131 KELLNER STREET, BRANDWAG	BLOEMFONTEIN	051 4442588
7008600	HORN	SHOP C8 MIDDESTAD MALL CNR WES, BURGER & ELIZABETH STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4477264
7008880	STRYDOM	94 BESEMBOS AVENUE, PELLISSIER	BLOEMFONTEIN	051 5229333
8737	SETHUNYA	SHOP 112 CENTRAL PARK, CNR HANGER & PEET STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4301751
62588	GROENEWALD TRICHARD & SMITH INCORPORATED	PASTEUR MEDICAL CENTRE, 55 ADDISON STREET, HOSPITAALPARK	BLOEMFONTEIN	051 5222924
113670	NIEL CILLIERS, ALPHONS THEUNISSE	SHOP 2 TWIN CITY MALL, HEATHERDALE ROAD, HEIDEDAL	BLOEMFONTEIN	051 4320523
122459	HORN	SHOP 23 CAMPUS STUDENT CENTRE, UNIV OF FREE STATE NELSON, MANDELA STREET	BLOEMFONTEIN	051 4446880
139459	MOSIMA B M L - BLOEMFONTEIN	97 CHARLES STREET, WESTDENE	BLOEMFONTEIN	051 5240108
182095	JANSE VAN RENSBURG	1ST FLOOR MIDDESTADT CENTRE, WEST BURGER STREET, BLOEMFONTEIN	BLOEMFONTEIN	051 4302421
259330	DE BEER	SHOP 29 SOUTHERN CENTRE, BENADE DRIVE, FICHARDT PARK	BLOEMFONTEIN	051 5225562
283029	HORN	SHOP S11 LOCH LOGAN WATERFRONT, CNR 1ST AVENUE & CHARLES STREET, WESTDENE	BLOEMFONTEIN	051 4483580
298077	DU TOIT	35 BRILL STREET, WESTDENE	BLOEMFONTEIN	051 4473344
314064	ERASMUS B - FLEURDAL	SHOP 6 FLEURDAL MALL, VEREENIGING DRIVE, FAUNA	BLOEMFONTEIN	051 5228999
340960	HEYNS	SUITE 107 1ST FLOOR FREE STATE, MEDICAL CENTRE 29 POOLE STREET, BRANDWAG	BLOEMFONTEIN	-
355925	VAN DER WALT	104A KELLNER STREET, WESTDENE	BLOEMFONTEIN	051 4303982
361135	JANSE VAN RENSBURG	92 WAVERLEY ROAD, BLOEMFONTEIN	BLOEMFONTEIN	051 4368120
378496	KGAKATSI	SHOP 1 LIBRARY HOUSE, 44 WEST BURGER STREET, BLOEMFONTEIN	BLOEMFONTEIN	079 4236837
395935	CILLIERS N A AND BRUMMER W H	SHOP 2B2 PRELLER WALK, GENERAL HERTZOG STREET, DAN PIENAAR	BLOEMFONTEIN	051 4361355
399418	TRICHARD	SHOP 12 SHOWGATE CENTRE, CURIE AVENUE, HOSPITAALPARK	BLOEMFONTEIN	051 4481921

FREE STATE (CONTINUED)

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542458	TRICHARD C L - BLOEMFONTEIN	SHOP 12 SHOWGATE CENTRE, CURIE AVENUE, HOSPITAALPARK	BLOEMFONTEIN	051 4481921
584142	BADENHORST	SHOP 12 WOODLAND HILLS VILLAGE, 3 WOODLAND HILLS BOULEVARD	BLOEMFONTEIN	051 4360045
596590	COETZEE	SHOP F1A & F1B LOCH LOGAN, WATERFRONT 105 HENRY STREET, WILLOWS	BLOEMFONTEIN	051 4484871
422274	MOREMEDI	2006 THEJANE STREET	BOHLOKONG	051 9333972
7036396	BOTHAVILLE OPTOMETRISTS	SHOP 4 VON ABO BUILDING, 20 BOTHA STREET, BOTHAVILLE	BOTHAVILLE	056 5151361
7026455	LESHABANE OPTOMETRISTS	SHOP 11A REAHOLA SHOPPING, CENTRE MAIN ROAD, BOTSHABELO	BOTSHABELO	051 5343084
7031858	MOPHOSHO	SHOP 11 RE-A-HOLA COMPLEX, BOTSHABELO	BOTSHABELO	051 5341183
631949	RALEKHETLA	SHOP 11A REAHOLA SHOPPING, CENTRE MAIN ROAD, BOTSHABELO	BOTSHABELO	051 5343084
496529	TSHIDINO	24A REA HOLA COMPLEX	BOTSHABELO	051 5340055
1157914	HAMLETT	37 PRESIDENT SWART STREET, BULTMED SENTRUM	BULTFONTEIN	-
480509	DE WET	38 PIET RETIEF STREET, BURGERSDORP	BURGERSDORP	051 6531747
998362	HORN	SHOP 20B, THE MALL @ REDS, CNR HENDRIK VERWOERD	CENTURION	051 4107200
7019408	OLLS	20A KERK STREET, COLESBERG	COLESBERG	051 7531607
1090	TLABELA	SS BUILDING, 154 MAITLAND STREET	FAUNA	051 4302862
7010494	MELLIN	73 FONTEIN STREET	FICKSBURG	051 9333508
21210	RANOKO	41 FONTEIN STREET, FICKSBURG	FICKSBURG	051 9333803
238228	TLOKOTSI M M - FICKSBURG	42 ERWEE STREET	FICKSBURG	051 9332072
323632	MOREMEDI	45 VOORTREKKER STREET, FICKSBURG	FICKSBURG	051 9333972
7022069	SUNSHINE OPTICALS HARRISMITH	47B WAARDEN STREET, HARRISMITH	HARRISMITH	058 6232631
917788	LEGODI	3 CNR BESTER & STUART STREET, HARRISMITH	HARRISMITH	063 1182482
1240110	NTOMBELA	SHOP 7 AND 8 THE HARRI LIFESTYLE, CNR KING AND MACKENZIE STREETS	HARRISMITH	-
7009380	DE KLERK	49C STUART STREET, HARRISMITH	HARRISMITH	058 6221358
382973	MAKOLA	3 CNR BESTER & STUART STREET, HARRISMITH	HARRISMITH	058 6221461
7028652	VAN WYK	SHOP 4 WENTWORTH SQUARE, WENTWORTH STREET, HEILBRON	HEILBRON	058 8531156
7034423	MAZUI	FASHION CENTRE, 3A SELBOURNE PLAIN	KROONSTAD	056 2129602
619531	WESSELS	THE HILL MEDICAL CENTRE, 19 HILL STREET, KROONSTAD	KROONSTAD	056 2121494
1013610	TEFFO	SHOP 32 MAOKENG MALL SMALDEEL, ROAD & HENNIE LUDICK STREET, MAOKENG	KROONSTAD	056 2137114
7006039	HORN	SHOP 16 CHECKERS CENTRE, CNR VAN ZYL & NORTH STREET, KROONSTAD	KROONSTAD	056 2122521

FREE STATE (CONTINUED)

Practice number	Practice name	Physical address	City or Town	Telephone number
21504	THEUNISSEN H L A & LOTTER J H INCORPORATED	SHOP 9 PICK N PAY CENTRE, CNR PRESIDENT & TRUTER STREET, KROONSTAD	KROONSTAD	056 2133297
7016735	DEYSEL	NORTHSTREET 1, PIENAARSDORP, KLERKSDORP	KLERKSDORP	018 4627774
64351	MOLEPO	33 BRAND STREET	KROONSTAD	056 2123763
357111	NAUDE	SUITE 1 B ABSA BUILDING, CROSS STREET	KROONSTAD	056 2132464
563692	SAIB	SHOP 1 WOOLWORTHS BUILDING, 19 REITZ STREET	KROONSTAD	-
611468	DEYSEL	24 HILL STREET	KROONSTAD	056 2125641
7034172	KIRONDE-MBOWA	TRADORETTE WHOLESALERS, SHOP NO 3	LADYBRAND	-
7007973	MELLIN	14 KERK STREET	LADYBRAND	051 9242939
198927	TLOKOTSI	14 CHURCH STREET	LADYBRAND	058 9220066
257559	SETHOLE	18A PIET RETIEF STREET, LADYBRAND	LADYBRAND	051 9241216
383910	MATSANENG	SHOP 2, 24 ERASMUS STREET, LADYBRAND	LADYBRAND	051 9242072
512788	MOLEDI	SHOP 4 OSS BUILDING, 14 PIET RETIEF STREET, LADYBRAND	LADYBRAND	051 9240752
551325	ANDERSON	SHOP 13 PICK & PAY CENTRE, JAN SPIES STREET	LANGENHOVENPARK	051 4460015
551341	ANDERSON	SHOP 16A NORTHRIDGE MALL, KENNETH KAUNDA ROAD	LANGENHOVENPARK	051 4333601
173355	MAMABOLO	24137 BRITS ROAD, BOCHABELA	MANGAUNG	051 4320587
523739	RAMAGAGA	SHOP 3 KENWORTH CENTRE, MOSHOESHOE STREET, ROCKLANDS	MANGAUNG	082 7828439
1174584	MOKOENA	04 BLUE BUILDING, CHURCH STREET, ODENDAALSRUS	ODENDAALSRUS	-
81957	MAGATA	47 JOSIAS STREET, OU DORP	ODENDAALSRUS	057 3981141
135224	SMIT	THE SQUARE, 24 BUITEN STREET, PARYS	PARYS	056 8115361
158178	MASUPA	34 MIDDEL STREET, PARYS	PARYS	056 8114243
475025	ROSS	SHOP 11 RIVERSHED CENTRE, BREE STREET, PARYS	PARYS	056 3020100
558508	ROSS	SHOP 4B PARYS BOULEVARD, BUITEN STREET, PARYS	PARYS	056 8113140
794481	BALOYI	SHOP M2, MALUTI CRESCENT, MAMPOI STREET	PHUTHADITJHABA	-
7019858	RAMPERSADH	SHOP 26 SETSING SHOPPING, COMPLEX CNR MAIN & MAMPOI ROAD, PHUTHADITJHABA	PHUTHADITJHABA	058 7131778
7025106	TLOKOTSI	SHOP 12 NALEDI MALL, MAMPOI ROAD, PHUTHADITJHABA	PHUTHADITJHABA	058 7136942
7031467	MATHEBULA	10119 MOTLOUNG STREET, PHUTHADITJHABA	PHUTHADITJHABA	058 7183380
684759	MAKOLA	8933A MAKHALA STREET, PHUTHADITJHABA	PHUTHADITJHABA	058 7132424
729698	MOHALE	8943 MAMPOI ROAD, PHUTHADITJHABA	PHUTHADITJHABA	063 5477050
915173	KGATLA	SHOP M2 MALUTI CRESCENT MALL, MOTEBANG ROAD, PHUTHADITJHABA	PHUTHADITJHABA	-
935239	MAKHASI	1614 MARAKENG VILLAGE	PHUTHADITJHABA	-

FREE STATE (CONTINUED)

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223573	KGOMO	322 N BLUEGUMBOSCH, PHUTHADITJHABA	PHUTHADITJHABA	058 7140566
254835	SEDIANE	SHOP 4 NALEDI MALL, MAMPOI STREET, PHUTHADITJHABA	PHUTHADITJHABA	058 7130912
323969	MARIMA	2349 MAMPOI ROAD, MID - TOWN	PHUTHADITJHABA	010 4423876
461016	MALULEKE	57 CONSTANTIA STREET	REITZPARK	057 3551146
909254	KOTZE	NUTRIVISION, 1 JOHN DU PLESSIS STREET	SENEKAL	058 4814600
7001746	TERBLANCHE	52 VAN RIEBEECK STREET, SENEKAL	SENEKAL	058 4813045
640840	ADENDORFF	SHOP 11A STERKSPRUIT PLAZA, 230 UMLAMLI ROAD, STERKSPRUIT	STERKSPRUIT	051 6110386
247502	THABEDE	910 ABSA BUILDING, MAIN ROAD, STERKSPRUIT	STERKSPRUIT	051 6110802
517275	MVULA	OFFICE 12 RIVERSIDE MALL, ZASTRON STREET, STERKSPRUIT	STERKSPRUIT	063 8744558
7020422	LEDWABA	6 BOJE STREET, BOJE STREET	SUIDRAND	056 2127856
7031874	SELEMELA	SHOP 4 CORNERSTONE BUILDING, VAN RIEBEECK STREET, THABA NCHU	THABA NCHU	051 8751101
639834	SENAKHOMO	SHOP 12 SHOPRITE CENTRE, CNR MAIN & END STREET, THABA NCHU	THABA NCHU	051 8752564
7008619	MELLIN	JOSEPH STREET	THABA NCHU	051 8751149
317373	MULLER & MAHOPO OPTOMETRISTS INCORPORATED	SHOP 2 KHOTSO PULA NALA CENTRE, CONSTANTIA STREET	THABONG	057 3551260
7022433	MATLOU	1124 DE VILLIERS STREET	THERONVILLE	057 3043183
675652	NKGAPELE	8 BULLION STREET, VIRGINIA	VIRGINIA	-
1282921	LOUBSER	SHOP 8, VIRGINIA CHECKERS SHOPPING CENTR, MARKET STREET	VIRGINIA	-
7007485	SMIT	SHOP 9 CHECKERS VIRGINIA, CNR MARKET & EAST STREET, VIRGINIA	VIRGINIA	057 2125853
505900	RIEKERT	SHOP 19 VREDE SPAR CENTRE, 28 CHURCH STREET, VREDE	VREDE	058 9133098
7031912	KOTZE	4 NAVAL ROAD	WAVERLEY	012 7111164
7010206	BESTER	349 STATEWAY, DOORN	WELKOM	057 3527855
7013337	VAN ROOYEN	SHOP 15 WELKOM SQUARE, CNR LONG & TORONTO ROAD, WELKOM	WELKOM	057 3528166
7017294	GOLDEN VISION - ERNEST OPPENHEIM	ERNEST OPPENHEIMER HOSPITAL, POWER ROAD	WELKOM	057 9002461
7020600	MOKOENA	31 MOOI STREET, WELKOM	WELKOM	057 3521698
7021402	MOLEPO	SHOP 24 AMOGELA MALL, 6 MOOI STREET, WELKOM	WELKOM	057 3529510
7033745	MULLER-SWANEPOEL	SHOP 4 GAME SQUARE, LONG ROAD	WELKOM	057 3575386
7034628	KEKANA	204 MEDICYN FORUM, BOK STREET	WELKOM	057 3525820
632082	BALOYI	SHOP 103 BOITUMELO JUNCTION, MALL	WELKOM	057 3971124
763187	MATSABU	SHOP 15 WELKOM SQUARE, CNR LONG & TORONTO ROAD, WELKOM	WELKOM	057 3528166
1037382	MMOLA	11 MOOI STREET	WELKOM	-

FREE STATE (CONTINUED)

Practice number	Practice name	Physical address	City or Town	Telephone number
7000480	VORSTER	348 STATEWAY, DOORN	WELKOM	057 3571380
7010036	HORN	SHOP 46 GOLDFIELDS MALL, CNR STATEWAY & BUITEN STREET, WELKOM	WELKOM	057 3522336
171417	VAN ROOYEN	SHOP 14 LIBERTY CENTRE, MOOI STREET, WELKOM	WELKOM	057 3531170
390577	ILSE	349 STATEWAY, DOORN	WELKOM	057 3527855
394297	DE BEER	SHOP 5 GOLDFIELDS MALL, STATEWAY, WELKOM	WELKOM	057 3522900
525391	MOKONE	SHOP 30 THE STRIP BUILDING, 314 STATEWAY, WELKOM	WELKOM	057 3531416
609641	DEACON	SHOP 4 WELKOM SQUARE CNR, TORONTO ROAD & PRETRUS BOSCH, WELKOM	WELKOM	057 3881022