



Optometrist Network List (All Options) effective 1 January 2026 Outside of South Africa

PLEASE NOTE:

This information is correct at the time of publication but may be subject to change throughout the year. Please contact the Fund's call centre or the healthcare provider directly to confirm whether they are on the Network.

LESOTHO				
Practice number	Practice name	Physical address	City or town	Telephone number
48992	MOKETE	NO 23 L N D C CENTRE, PIONEER ROAD	MASERU	0926 658845444
481319	CILLIERS	SHOP 6, RACECOURSE MALL, HA THETANE	MASERU	-
523003	TORGA OPTICAL MASERU MALL	SHOP 54, MASERU MALL	MASERU	-